

Recreational soccer is a soccer program primarily devoted to the enjoyment and development of soccer players without the emphasis on travel or high-level competition. The purpose of recreational soccer is to provide an opportunity for the participants to have fun, learn the sport and develop life skills, including a lifelong love of the game.

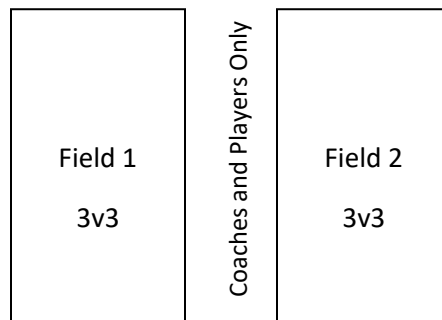
U6 Program

Summary: The purpose of the U5/U6 program is to introduce the game of soccer in a fun environment. The format, as discussed more fully below, generally includes larger team sizes and a “New Ball” method when the ball goes out of play. This format was chosen to provide coaches with the ability to have better practices due to increased numbers, better games with the ability to make adjustments for lopsided scores and more touches on the ball.

Team Size and Structure: Each team generally consists of between 9-12 players.

Game Duration: 1 hour time slot for warm-up and game. Length of game to be determined by coaches depending on number of players, weather, etc... For example, a game may consist of four 8 – 10 minute quarters or 5 minutes on and a 1-2 minute break (if the weather is really hot or a team is short on players).

Game Day: Two teams will play 3v3 against each other on adjoining fields. The coaches will discuss and determine how best to divide the players from their team between the fields in order to ensure competitive and fun games. Adjustments can be made at any point during the game.



New Ball Method: Whenever a ball goes out of play, a coach should hold up a new ball AND announce “New Ball” (NOTE – I GENERALLY HOLD UP THE BALL AND SAY “THE GREEN BALL”– or whatever color). Please make sure the kids know who is throwing in the ball. This replaces all throw-ins, kick-ins, goal kicks, corner kicks or free kicks. This will NOT replace kickoffs after goals. The 'new ball' should be rolled to:

- Neutral Space
- Toward the disadvantaged team
- Toward the team on the wrong end of a one sided game
- Toward individual players who are not becoming involved in the game.

Substitutions: Substitutions can be made during the course of play.

Goal Circle: In front of each goal is a small semi-circle. Please keep all players out of the circle. That is, NO defenders should be within the circle and NO offensive player should dribble into or shoot from within the circle. There is no penalty for being in the circle, but please encourage – and continue to remind – the players to stay out of the circle.

Slide Tackles: NO slide tackles are permitted. Please tell your players to stay on their feet at ALL times.